

# FREE TRIALS

(\$5.50 membership fee must be paid prior):

Saturday 7<sup>th</sup> April & Saturday 14<sup>th</sup> April 2018

## REGISTRATION PERIOD:

7<sup>th</sup> April – 1<sup>st</sup> May 2018



# REGISTRATION PACK 2018

# DCA

## DUBBO CHEER ACADEMY



POLICE CITIZENS  
YOUTH CLUBS NSW



# DUBBO CHEER ACADEMY – DCA WOLFPACK

## ***Commitment to the Team:***

Cheerleading is a TEAM sport that requires dedication reliability and commitment. It is important to understand that if you decide to register with Dubbo Cheer Academy (DCA) you and your child are COMMITTING to a year of competitions and associated costs. Consider the **possible clashes with other sports** that your child is involved with they must attend the **FULL** training session to ensure safety and be aware that extra training's workshops and competitions are held on weekends and are **COMPULSORY** failure to attend may result in removal from the team without notice. Athletes will be given plenty of notice of these dates and costing's in the DCA newsletters and website. All athletes and parents must abide by DCA's policies (included at back of booklet).

**Please ensure that you and your child are available to attend the below competitions. If a child withdraws during the year they will **NOT** be eligible to rejoin the next year**

## **TRAINING SESSIONS 2018**

<b>TERM 2</b>	<b>TERM 3</b>	<b>TERM 4</b>
Weekly <b>Start:</b> 30 <sup>th</sup> April <b>Finish:</b> 6 <sup>th</sup> July	Weekly <b>Start:</b> 23th July <b>Finish:</b> 28 <sup>th</sup> Sept	Weekly <b>Start:</b> 15 <sup>th</sup> Oct <b>Finish:</b> 19 <sup>th</sup> Dec

## ***Times:***

<b>DIVISION</b>	<b>AGE</b>	<b>TIME</b>
Youth/ Primary <i>(if placed in Senior team fees will increase)</i>	5-11 years	5.30pm – 6.30pm Tuesday's May train more hours closer to competitions
Senior/ High School	12-18 years	5.30pm – 7.30pm Tuesday's May train more hours closer to competitions

## ***Uniform:***

- DCA Training shirt (shirt included in registration cost)
- Full length plain black tights from Cotton on Body (quality if better)
- DCA Training Bow
- Cheer shoes (link is on our website) or white canvas shoes

## ***Levels Grading:***

Athletes will be placed in routines as designated by the qualified and well trained coaches, athletes will usually be categorized as per age and ability. Parents should in no way attempt to influence these decisions. All friends, relatives and members are encouraged to leave the coaching up to those who are qualified. Athletes will not necessarily be in the same routines/sections/levels as they may have been previously.

## ***Closed Sessions:***

All training's are **CLOSED SESSIONS** meaning that only the athletes of DCA are able to be in the hall at the time of training, parents/friends etc. have a waiting area in the foyer. This is to ensure that athlete behaviour does not change, safety measures are being met and that all focus is on the lesson being conducted.

## ***Attendance and Sign In:***

Athletes must present to the front counter each week to swipe their membership card on entry.

## FUNDRAISING

Please understand that it is your responsibility to ensure that you can provide financially for ALL elements of your child's cheerleading experience, practically fees and travel costs.

The ONLY fundraising that DCA may partake in, is:

- Sponsorship and donations
- Display's/workshops for payment, including athletes taking the bucket around the crowd

Any funds raised will be put towards cutting the cost of the bus to competitions. To fundraise under DCA's name, the event must be approved by the head coach.

## COMMUNICATION

This is an important part of the club, therefore please take on the responsibility of ensuring you are up to date with the newsletters that are handed out after training, the facebook group and also our website. If you miss a newsletter it will be published on the website within that same week please take the time to download it. No hard copies are kept at the club for the next week. All forms of contact are listed below:

**Persons:** Dani Fistr, Maddy Austin

**Email:** [dubbocheeracademy@hotmail.com](mailto:dubbocheeracademy@hotmail.com)

**Facebook Private Group:** Dubbo Cheer Academy

**Facebook Fan Page:** Dubbo Cheer Academy – DCA Wolfpack

**Website:** [www.dubbocheeracademy.weebly.com](http://www.dubbocheeracademy.weebly.com)

## COMPETITIONS AND EVENTS – compulsory

Athletes may compete in the following competitions/events as decided by the coach, parents should in no way attempt to influence this decision. If you cannot commit to these dates, do not join. By signing this contract you are committing to the dates below (*See Competition Policy*).

TERM	EVENTS	DATES	LOCATION
All Terms	Various Display's/ Volunteering	TBA in newsletters	Dubbo
Term 3	DCE State Showdown	25 <sup>th</sup> -26 <sup>th</sup> August 2018	Dural
Term 4	DCE Nationals	27 <sup>th</sup> – 28 <sup>th</sup> October 2018	Wollongong
Term 4	Cheer on Wheels	11 <sup>th</sup> Dec 2018	Dubbo Aged Care Homes
Term 4	DCA Display Night	27 <sup>th</sup> Nov 2018	Dubbo PCYC Hall
Term 4	Presentation/Christmas Party	TBA Nov/Dec	Dubbo

*Dates are subject to change – adequate notice will be given*

**PLEASE NOTE:** Athletes may attend competitions without a parent if need be, no athletes boyfriends/girlfriends are permitted to travel away with DCA. **Strictly DCA ATHLETES only.**

## DCA COSTS

All payments are to be made on time to the front PCYC counter. Keep ALL of your receipts (*See Fees and Payments Policy*).

DCA REGISTRATION FEES				
Term	COST	ITEMS INCLUDED	DUE	PAID
Term 2	Youth: \$150.00ea  Senior: \$250.00ea	PCYC Year Membership PCYC Fees Term 2 DCE Association Fees DCE Insurance DCA Training Singlet DCA Training Bow Presentation Items (training gear will be ordered 1st week of training)	On day of Registration 1 <sup>st</sup> May 2018	
Term 3	Youth: \$150.00ea  Senior: \$250.00ea	PCYC Fees Term 3 Competition Entry Fees	24 <sup>th</sup> July 2018	
Term 4	Youth: \$150.00ea  Senior: \$250.00ea	PCYC Fees Term 4 Competition Entry Fees	16 <sup>th</sup> October 2018	
<i>Siblings receive a discount on term costs.</i>				

OTHER COSTS (estimated)	
ITEM	Estimated COST
Cotton on Body – Long black tights	\$40.00
Cheer Shoes (link on our website)	\$80.00-\$100.00
White ankle socks (best and less)	\$10.00
Travel Expenses	Sydney
Accommodation	MUST stay with the squad

## DCA POLICY'S

It is compulsory for all members/ future members of the club to read all of DCA's policies and procedures to ensure that you are up to date with and fully informed off all aspects of the club. Prior to asking the coaches questions please read the information provided in this booklet to see if your question can be answered.

## DCA Coaches

### *Danielle FISTR (maternity leave)*

#### **Training**

- Founder and Head volunteer coach of DCA since 2011
- Founder and Coach of Dubbo College Cheersport 2009-2011
- World Cup Cheer and Dance Level 0 in Cheer Fundamentals
- USASF Coaching Credentials Level 1 in Tumbling and Stunts (recognised worldwide)
- USASF Coaching Credentials Level 2 in Tumbling, Stunts, Tosses (recognised worldwide)
- Australian Baton Twirling representative at World Baton Twirling Championships 10 times.
- Active after school communities coach
- Stage One in Child Protection Training
- General Principles of Gymnastics Course
- Beginning Coaching General Principles
- Certificate 3 in Community Services, Children's Services
- Volunteer at PCYC since 2005
- Bachelor of Human Movement/Bachelor of Teaching (PDHPE Teacher)
- Emergency Care Training
- Basic Resuscitation and Bronze Medallion

### *Maddy Austin*

#### **Training**

- Athlete since 2010
- Beginning Coaching Principles (Australian Sports Commission)
- Play by the Rules course
- PCYC mandatory training



# DCA

DUBBO CHEER ACADEMY



<p style="text-align: center;"><b>April</b></p> <p>7<sup>th</sup> Free Trial</p> <p>14<sup>th</sup> Free Trial</p>	<p style="text-align: center;"><b>May</b></p> <p>1<sup>st</sup> Registration Due to PCYC</p>	<p style="text-align: center;"><b>June</b></p>
<p style="text-align: center;"><b>July</b></p> <p>24<sup>th</sup> Registration Due to PCYC</p>	<p style="text-align: center;"><b>Aug</b></p> <p>25<sup>th</sup> – 26<sup>th</sup> DCE State Showdown</p>	<p style="text-align: center;"><b>Sept</b></p>
<p style="text-align: center;"><b>Oct</b></p> <p>16<sup>th</sup> Registration Due to PCYC</p> <p>25<sup>th</sup> – 26<sup>th</sup> DCE Nationals</p>	<p style="text-align: center;"><b>Nov</b></p> <p>27<sup>th</sup> DCA Display Night</p>	<p style="text-align: center;"><b>Dec</b></p> <p>11<sup>th</sup> Cheer on Wheels</p> <p>Presentation Night (Location and Date TBA)</p> <p>Christmas Party</p>



# DCA Policies



## PLEASE NOTE:

**DO NOT** register if you and your child can not make a full year commitment to DCA.

The lack of important values such as dedication, commitment and reliability will affect everyone in the club.

# DUBBO CHEER ACADEMY

## Code of Conduct



### PARENT

- I will respect the **CLOSED SESSION** rule and wait in the waiting area
- I won't pressure my child in anyway – i know this is their activity not mine
- I will not use **bad language loudly and in front of children** nor will I harass verbally or physically abuse athletes, judges, officials, spectators or coaches
- I will teach my child to respect the efforts of their competitors
- I remember that children learn best by examples so I will applaud good performances by both my child's club and their competitors
- I will give positive comments that motivate and encourage continued effort
- I will thank the coaches, officials and volunteers that give their time to conduct the activity/event for my child
- I will help out when asked by coaches
- I will leave the coaching up to the coaches and I will not interfere
- I will not try to influence the coaches in anyway
- I won't criticise or ridicule my any child's performance
- I will respect the rights, dignity and worth of all people involved in the sport, regardless of their gender, ability or cultural background
- I will supervise and discipline my children when need be
- I will encourage all DCA athletes and supporters to abide by this code to help promote a positive vibe and environment in the club

### ATHLETE

- I will work equally hard for myself and/or my team
- I will be a good sport and applaud all good performances whether they are made by my team or the opposition
- I will treat all athletes in my sport as I like to be treated.
- I will not bully team mates or other competitors
- I will cooperate with my coach, team mates and competitors
- I will display modesty in victory and graciousness in defeat e.g. clap when if you lose
- I will participate for my own enjoyment and benefit, not just to please parents and coaches
- I will abide by the rules as set by the coaches
- I will accept responsibility and consequences for my actions
- I will thank the coaches, volunteers and officials at the end of the event/season
- I will respect the rights, dignity and worth of all people involved in the sport, regardless of their gender, ability or cultural background
- I will encourage all DCA athletes and supporters to abide by this code to help promote a positive vibe and environment in the club
- Be safe and help others remain safe
- Show respect to every member of DCA
- HAVE FUN



# DUBBO CHEER ACADEMY

## Safety & Behaviour Policy



### Parent:

By the very nature of the activity, cheerleading and stunting carry a risk of physical injury. No matter how careful the participant and coach are or what landing surface is used, the risk cannot be eliminated. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck, or head. I understand these risks and will not hold DCA and PCYC or any of its personnel responsible in the case of accident or injury. Medical insurance is the responsibility of the individual athlete.

### Athlete:

I agree to abide by the safety rules and regulations set up for DCA. If I disobey or break any of these rules I understand that I may be replaced and/or suspended/expelled from the squad. I understand that accidents and injuries may occur during cheerleading and I will assist wherever possible to prevent such occurrences. I will not undertake any stunts/tumbling without permission/supervision of the coach. I will communicate with the coach if I am uncomfortable performing a stunt or skill.

## Rules for Athletes

1. Arrive on time
2. Gum/ food is not allowed to be eaten in the hall at all
3. Mobiles to be turned off and placed in bags OR they will be confiscated
4. Nails to be cut short and all jewellery will be taken off/taped before practice (includes ALL piercings)
5. No running, pushing or any other type of foul play allowed in the gym
6. Back and Front Spotters must always be present when performing difficult stunts
7. Never fake jumps/stunts always perform everything
8. DCA training uniform must be worn or will result in physical punishment for infringements
9. When wearing the DCA uniform appropriate behaviour must be displayed at all times, even when you are away from training you are on display as a representative in the community
10. Disrespecting any staff member will not be tolerated and will be dealt with through the disciplinary system
11. Safety mats will be in place before working on stunts/ tumbling
12. Coach supervision and permission is needed before working on stunts/tumbling
13. If the coach asks for cooperation regarding individual safety or safety of others, it is expected that you will abide by the instructions of the coach
14. Athletes participate in the warm up and stretching activities or they will not be able to participate in the remainder of the session
15. Athletes must take their position seriously
16. Athletes must communicate appropriately with each other and avoid screaming
17. All athletes will help to set up and pack up equipment as directed by the coach
18. Vulgar explicit language will not be tolerated and will be disciplined
19. You MUST attend ALL training sessions, this is not negotiable. If you cannot commit you will be replaced. Any less than 7 training's in a term puts you at risk removal from the teams.

# DUBBO CHEER ACADEMY

## Competition Policy



### TRAVEL

- Only one drop off and pick up point will be organised (usually at PCYC)
- Arrive to pick up point 15mins prior to departure
- Only athletes to travel on the mini bus
- No athletes boyfriends and/or girlfriends are permitted to travel away with DCA
- Payments are to be made 6-8 weeks prior to travel date

### ACCOMMODATION

- The base accommodation site will be booked by DCA and payments will be made to PCYC front desk 6-8 weeks prior to the date of travel
- The base site is chosen based on distance from competition and on costing
- Must not leave the designated hotel without permission from the coach due to training schedules
- No out of the room running around the motel/park in DCA gear after 9.00pm – parental supervision

### WITHDRAWAL

- Withdrawing will result in the loss of position in DCA for the rest of the year and the following year
- No refunds on any costs that have already been paid e.g. bus and accommodation
- If you withdrawal has cost DCA money for entry fees and you will be issued with a bill

### EXPECTATIONS

- No flash photography or telescopic lenses – only to photograph own team
- You must follow the code of conduct as set out by DCA and encourage others to do so
- Take responsibility to read the checklist
- Make your secret friends time at the competition fun without revealing your identity
- All DCA members/athletes must stay at the competition venue to support and cheer for other DCA athletes in their routines – we are a club
- Must wear the tracksuit and shirt at competitions
- While in uniform DCA members actions and behaviour are under constant scrutiny and observation and must act in an appropriate manner
- Good sportsman like conduct at all times e.g. clapping for other teams
- No foul language to be used whilst representing DCA
- Must not walk around while others are performing
- No eating/ drinking in the competition uniform (must wear t-shirt/jacket over uniform)
- Must seek head coaches permission to leave the competition venue (only if with a guardian)
- You will be responsible for all equipment issued to you, return it in same condition or be liable for costs
- After presentation stay together with the team for a club photo opportunity
- Return the uniform and bow in your named bag to the coaches as soon as presentation is over
- There will be absolutely no drinking of alcohol on trips. UNDERAGE DRINKING WILL NOT BE TOLERATED AND IS CAUSE FOR IMMEDIATE DISMISSAL FROM DCA.
- No bullying of anyone at DCE competitions as per the DCE bullying policy

# DUBBO CHEER ACADEMY



## Discipline Policy

- A disciplinary system will be of a physical nature in fitness
- If behavior is consistently off informal contact will be made to the parent
- If informal has already been made and behavior does not improve a formal letter will be sent to the parent stating the issue
- If a formal letter has been sent and behavior does not improve the athlete will be suspended from the club for a full competitive cheerleading season
- Lateness to training results in physical punishment
- Out of uniform results in physical nature in fitness
- If an athlete withdraws from cheerleading during the year without a doctors certificate they will not be legible to re-join until they have had a full year out of competitions

# DUBBO CHEER ACADEMY

## Privacy Policy

Dubbo Cheer Academy is committed to protecting your privacy. We will collect, use, disclose and hold personal information in accordance with the privacy act 1998 (the act). We will only disclose personal information to other organisations that we believe is necessary to assist in providing our services.

Some of the organisations that we will disclose your information to is:

- Insurers
- PCYC
- World Cup Cheer and Dance
- Medical staff in the event of an emergency

During the competitive year DCA will take videos/photos of the athletes. These will be posted on the website and the private facebook group and may also be used in the local newspapers. If you don't wish for your child to be a part of these photos please make the coaches aware upon registration.

# DUBBO CHEER ACADEMY

## Fees and Payment Policy

It is a requirement of DCA that all money is paid by due date, failure to do so may result in the athletes' removal from teams.

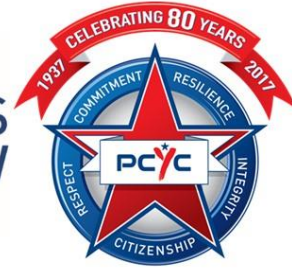
The full term fees/competition costs are to be paid by the dates that are stated on the website and in the DCA newsletters. Late payments of competition fees may result in the athlete not being registered to enter competition. If an athlete withdraws after the competition fees are paid a refund will **NOT** be given unless circumstances prevail and a bill for the amount already paid will be issued.

Once your child is enrolled for the term, fees are **NON** refundable except due to illness or injury and will only be provided for the remaining amount upon the receipt of a doctors certificate.

All cash payments are to be made to the front PCYC counter. **Keep ALL of your receipts for your personal records.**



POLICE CITIZENS  
YOUTH CLUBS NSW



*Member/User Protection  
Appendix 1*

## PCYC Code of Conduct

PCYC members, volunteers and staff are committed to the mission of the PCYC to provide recreational activities including sports, arts and life-skills that provide young people with the chance to lead and enjoy a good life.

In participating in PCYC programs or activities, PCYC members, volunteers and staff are entitled to expect a safe environment, and agree:

To **respect** the rights, dignity and property of other members, volunteers, staff and other participants in activities, including their feelings, opinions and personal space.

To **not abuse or harass** others, physically or psychologically, or place them in danger, or treat them in a discriminatory way, or take advantage of them;

To be patient and considerate of others, and to respect their **privacy**;

To help PCYC provide a **safe environment, safe equipment, and safe activities**, and to report breakages and malfunctions.

To follow PCYC **rules and policies**, and **reasonable directions** of staff or supervisors;  
To **report problems** or behaviour that put them or others at risk of harm or abuse.



POLICE CITIZENS  
YOUTH CLUBS NSW



Dear Sir/Madam,

I am Danielle Bentick-Fistr the coordinator, founder and head coach of Dubbo Cheer Academy, a new sport that is being offered to Dubbo's youth. We currently have many athletes that are truly passionate and committed to the sport but we are finding it hard to cover the costs associated with travel to competitions.

We would love to seek donations and/or sponsorship from any local company that would want to contribute to the learning experiences of young kids. At DCA we are trying our very best to raise as much money as we can but we really need your help.

You can donate in cash to help us get closer to our goal; all donations over \$2.00 are tax deductible. Our local community are often very surprised by the talent of these young girls and offer loads of encouragement.

You too can offer our athletes encouragement with your financial contribution to allow them the privilege of feeling a part of a team and the feeling of pride when they wear that club competition uniform, your kindness will be acknowledge on our website [www.dubbocheeracademy.weebly.com](http://www.dubbocheeracademy.weebly.com)

I would like to thank you for considering our request and becoming a part of our dream. If you have any queries at all please contact me via email as listed below. You are also welcome to come down to see the athletes train on Tuesday afternoons 5.30pm-7.30pm during school terms 2-4.

**DONATIONS OVER \$2.00 ARE TAX DEDUCTABLE**

If you are able to assist please complete the slip below. Your kind consideration in this matter is very much appreciated.

Yours sincerely,

*Danielle Fistr*  
**DCA MANAGER**

*Maddy Austin*  
**DCA HEAD COACH**

Cnr Darling & Erskine Streets, PO Box 596, Dubbo NSW 2830 • Telephone (02) 6882 3273 • Facsimile (02) 6884 9192  
A Branch of Police & Community Youth Clubs NSW Ltd • ACN 000 041 056 • ABN 89 401 152 271 | Donations of \$2 and over tax-deductable



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YOUTH CLUBS NSW



Business Name: \_\_\_\_\_

Business Contact: \_\_\_\_\_ Telephone: \_\_\_\_\_

Business Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Sponsorship Amount: \_\_\_\_\_ Cheque / Cash

The Business Logo/Business Card is attached to the slip: **YES / NO**

**PLEASE CONFIRM ANY SPONSORSHIP OR DONATIONS VIA EMAIL: [dubbocheeracademy@hotmail.com](mailto:dubbocheeracademy@hotmail.com)**



# DCA 2018

# Contract

The logo for Dubbo Cheer Academy (DCA) features the letters 'DCA' in a bold, stylized font. Each letter is white with a thick black outline and a red shadow effect, giving it a three-dimensional appearance. The letters are spaced out and centered.

**DUBBO CHEER ACADEMY**

## **PLEASE NOTE:**

**DO NOT** register if you and your child can not make a full year commitment to DCA.

The lack of important values such as dedication, commitment and reliability will affect everyone in the club.

# DUBBO CHEER ACADEMY

## Details for DCA



Athlete Name: \_\_\_\_\_

D.O.B: \_\_\_\_\_ Athlete Age as of 31<sup>st</sup> December 2018: \_\_\_\_\_

First Contacts Name: \_\_\_\_\_

First Contacts Relationship to Athlete: \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

**In an emergency did you want an ambulance called:** Yes / No

**Medical Conditions DCA Coaches should be aware of:**

**My child is able to commit to all of the dates listed:** YES / NO

Parent/Carer Signature: \_\_\_\_\_

### Emergency Contact (if parents are unavailable):

Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

**I consent to DCA coaches/media photographing my child for promotional purposes:** Yes / No

## TRAINING UNIFORMS

*There will be NO estimates of sizes made for athletes. If you fail to fill this in you will miss out. Tick only ONE size.*

### SINGLET TOP: (They are very small sizes choose wisely WE CANNOT CHANGE SIZES)

WOMENS	BUST	WAIST	HIP	YOUR CHOICE
AXS	27-29 inches	23-25 inches	28-30 inches	
AS	29-31 inches	25-27 inches	30-32 inches	
AM	31-33 inches	27-29 inches	32-35 inches	
AL	33-35 inches	29-31 inches	35-37 inches	

# DUBBO CHEER ACADEMY

## Registration Contract



No.	BY SIGNING YOU AGREE TO THE FOLLOWING:
1.	I have read and fully understand all of the information as stated in the booklet
2.	I am aware of the costs and additional costs
3.	All payments are to be made in FULL by the required dates listed in this booklet
4.	Athlete must sign in at the PCYC front desk each week
5.	I am aware of the dates and can attend ALL the competitions as listed. I am committing to a year's worth of competitions and if I withdraw my child I will be liable to cover any costs I may have created e.g. accommodation/ travel/ entry fee etc.
6.	If the athlete withdraws they will not be eligible to rejoin the following year
7.	If a workshop/camp is organised it will be held on a <u>weekend</u> and will be <u>compulsory</u> for all members to attend, payment is required if athlete attends or not as this is a team sport, you will be given lots of notice
8.	Let coaches know if child is unable to attend training. NO TRAIN, NO COMPETE policy, <b>any less than 7 training sessions</b> per term puts the athlete at risk of removal from routines without notice
9.	I have considered my child's commitment to other sports and I will not let them interfere with cheerleading training, displays, workshops, competitions etc. I will discuss and negotiate unchangeable clashes well in advance with the coaches THIS EXCLUDES WEEKLY TRAININGS –Chile must attend each week for the 2 hrs
10.	I am aware of the equipment I must purchase for the athlete before the first competition
11.	I am aware that the training uniform must be worn every week and that hair is to be tied back neatly off the face. If an athlete fails to wear the uniform they will run laps of the hall
12.	I am aware that the club <u>may</u> supply the competition uniform and that it must be returned in the same condition as it is borrowed or I will be liable for the cost. If I am not satisfied with the fitting of the uniform I will need to purchase my own athletes uniform.
13.	I am aware that NO estimates of sizes will be made for the singlet's, tights, hoodies etc, if I fail to provide this information by the cutoff date the item will not be ordered for my child
14.	I understand that it is the coaches' decision to place athletes in a certain levels/routines and I am unable to influence these decisions in anyway
15.	I will not harass or abuse (verbally or physical) the coaches in anyway. Be respectful.
16.	I have read and understand the <b>Safety Policy</b> with the athlete
17.	I have read and understand the <b>Competition Policy</b>
18.	I have read and understand the <b>Codes of Conduct and Discipline Policy</b>
19.	I have read and understand the <b>Fees and Payments Policy and the Privacy Policy</b>
20.	I understand that the website, facebook group and newsletters are the main form of communication and it is my responsibility to acquire any communications that I may have missed

**NOTE:** Sign only if you agree to all of the content including the policies, contracts and codes of conduct in this booklet.

**ONLY SIGN IF YOU CAN COMMIT TO WEEKLY TRAINING & ATTEND ALL THE LISTED COMPETITION DATES:**

Parental Signature: \_\_\_\_\_ Date: \_\_\_\_\_